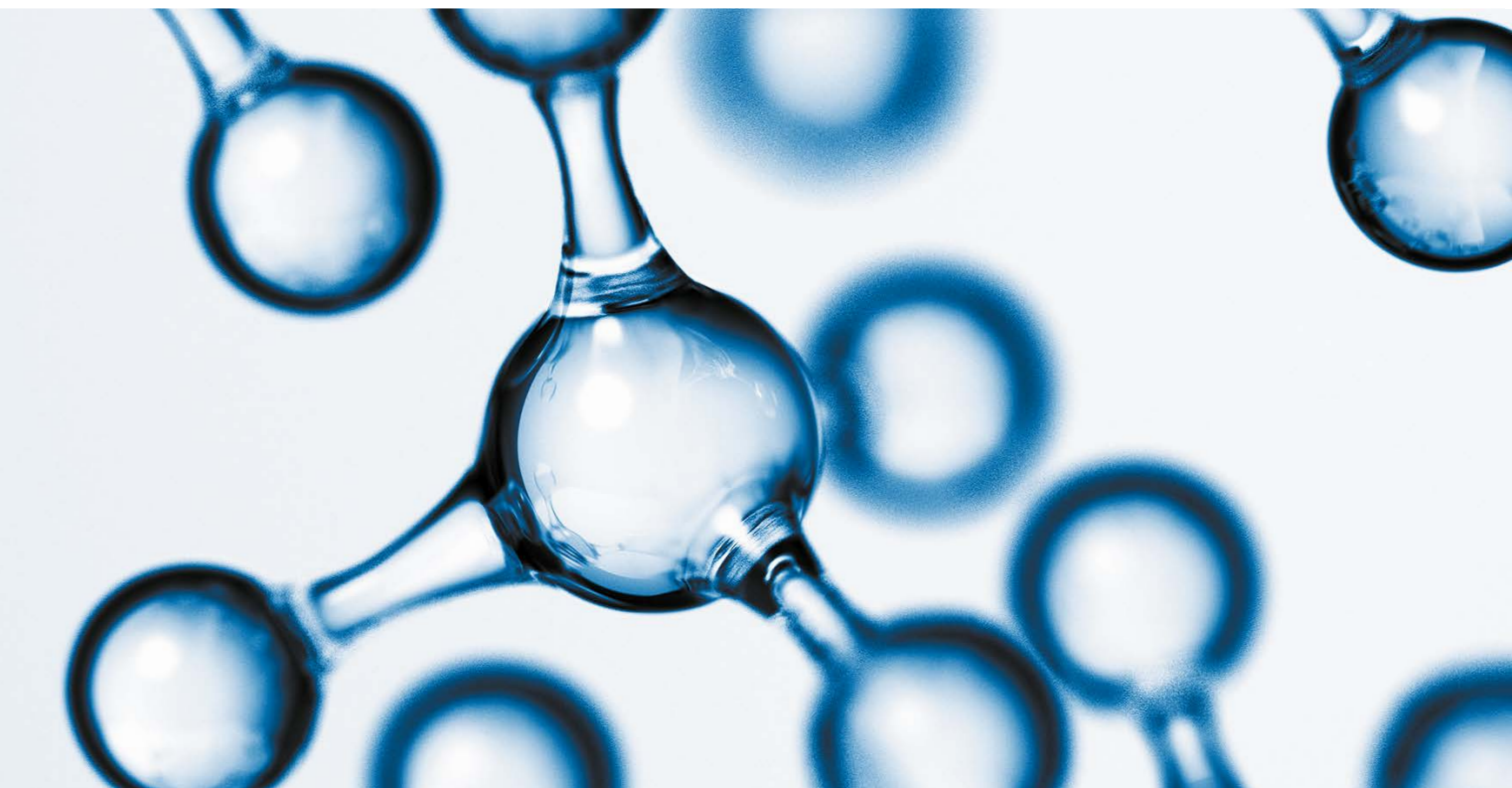


  
**BURGENER**  
SWITZERLAND

**B-mediC**  

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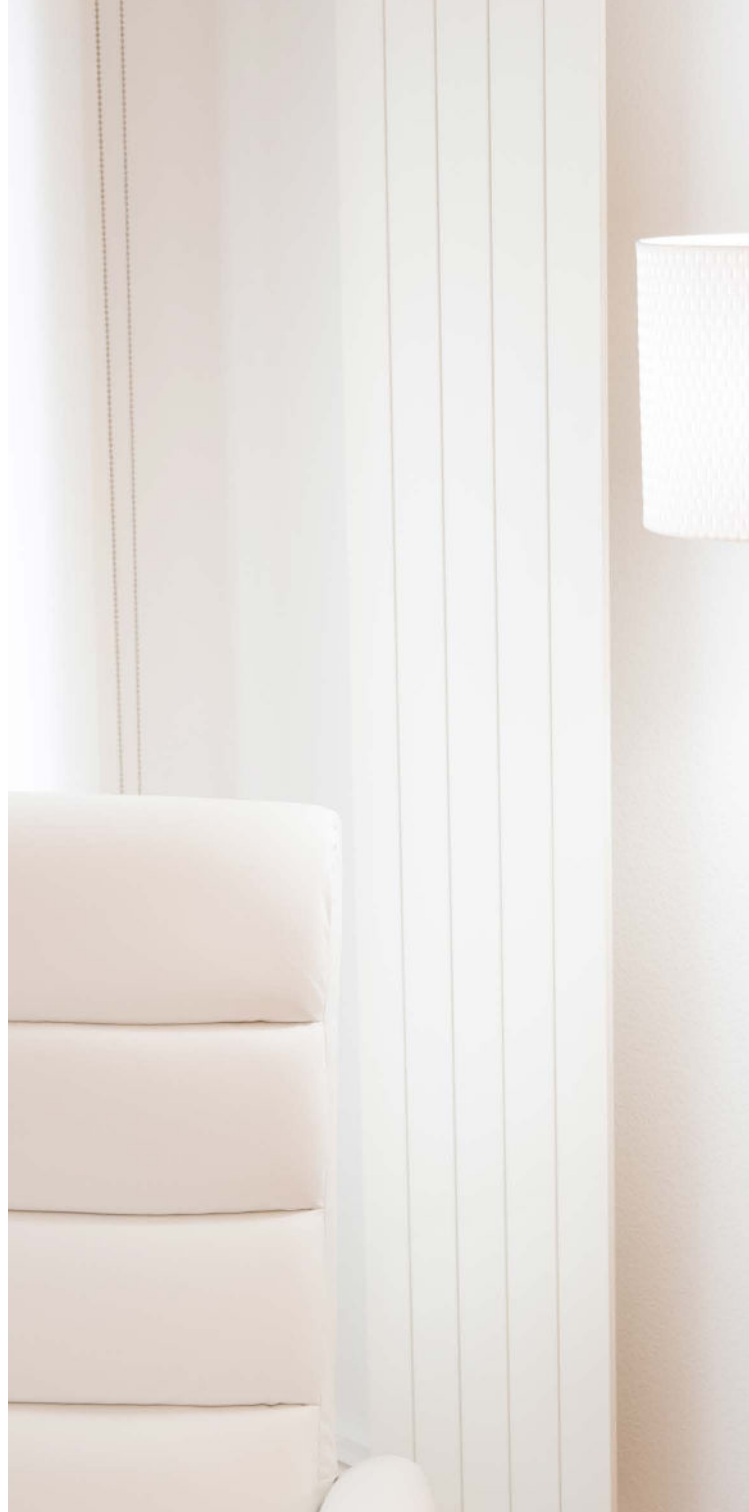
Clinique Esthétique Médicale



[www.drburgener.com](http://www.drburgener.com)

The B-mediC clinic in Lausanne is a unique medical beauty clinic, founded by the Burgener family in 1994. Through its scientific approach, it is now reopening its doors with a new approach that is more avant-garde than ever.

B-mediC is today at the crossroads of preventive and regenerative medicine, aesthetic medicine, plastic surgery and latest generation of face and body treatments, taking advantage of the most innovative and effective techniques to better support you.



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## ABOUT B-MEDIC

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### **DR PAULINE BURGNER**

**Dr. in biology**

**Founder of the Pauline Burgener Laboratories**

*"As a Doctor of Biology, I always make sure to choose the best natural ingredients and combine them with the latest anti-aging technology to create the best personalized skincare products. I was extremely fortunate to take over the family business created in 1955 by Dr Marc Burgener, my father-in-law, founder of the Cosmetic Surgery Clinic in Lausanne, Switzerland.*

*After my studies and obtaining my doctorate and post-doctorate in biology, I decided to take over the laboratories of Dr Marc Burgener to develop the Dr Burgener product line. Today we are the exclusive partners of magnificent hotel structures."*

Current events remind us of the importance of our general well-being and the need to take care of it carefully to maintain health, beauty, and vitality as long as possible. I have heard and understood this search for global well-being beyond good looks from my clients and friends around the world, throughout 25 years of tailor-made cosmetic formulations and treatments.

Today, I am opening the B-mediC clinic, a medical beauty clinic in Lausanne, in collaboration with Dr Nicolas Chami, to meet these expectations by adopting a unique integrative approach linking beauty, health, and well-being. You will find under one roof and in synergy, preventive and regenerative medicine, dermatology, plastic surgery, state of the art face and body care, nutrition programs, osteopathy, sports coaching, and more.

## **DR NICOLAS CHAMI**

### **Aesthetic Medicine**

#### **Plastic, reconstructive, and aesthetic surgery**

Trained at the University of Lausanne, he obtained his title of Doctor of Medicine as well as his FMH diploma of specialist in plastic, reconstructive and aesthetic surgery in 1992. Dr Nicolas Chami is a member of the Swiss (SSCE) and International associations of Plastic Surgery and Aesthetics (ISAPS). He is the General Secretary for Europe of the International Association of Plastic Surgeons of Lebanese Origin (WAPSLD) as well as an active member of the Advisory Plastic Surgery Board of the Swiss Stem Cell Foundation (SSCF).

He is the author of scientific articles and has hosted several conferences on cosmetic and reconstructive surgery of the breasts and face at national and international congresses.

Our specialized and highly qualified team consists of doctors, surgeons, therapists, estheticians, nutritionists, osteopaths and personal coaches.

Our method combines the latest discoveries in preventive and anti-aging medicine with the most effective natural therapies to slow aging and strengthen the immune system. By stimulating natural processes, metabolic systems and energy channels adapted to the specific needs of each individual, we will be able to increase our health capital.

## **DR HADRIEN LOTON**

### **Preventive and regenerative medicine**

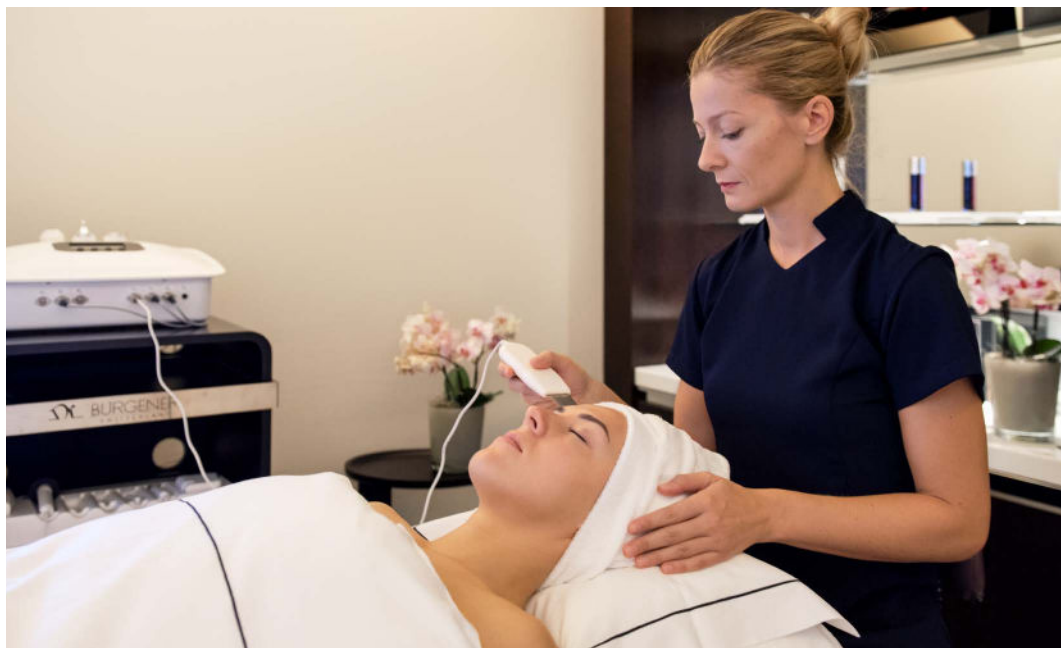
#### **FMH Specialist in general internal medicine. Former chief of clinic.**

Dr Loton studied medicine in Geneva. After obtaining his federal medical diploma, he worked for several years in hospitals and clinics and obtained an FMH in general internal medicine. He then became head of clinic at Grenolier, an internationally renowned Swiss clinic. He is a member of the World Anti-Aging Society and travels the world for conferences and consultations.



## HAUTE COUTURE PACKAGES

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### SCIENTIFIC EXCELLENCE WITH THE MOST ADVANCED TECHNOLOGIES

The Haute Couture concept is a true revolution in reversing aging. This complete tailor-made cosmetic program combines technology, skin analysis, cosmetics and Haute Couture facials custom-made to your needs with ultra-personalized service.

Our aesthetic medical clinic in Lausanne, B-mediC, is our pool of expertise for our Haute Couture programs. First-rate internationally renowned doctors will give you a medical consultation following the results of your analysis. They will study your skin, overall health and the true needs of your skin as well as the causes of its aging. These can include hormonal imbalance, poor cell function, excess metals in your body, nutrient deficiency, collagen fibroblast collapse, or other reasons. Our doctors will issue a prescription to our laboratory, which will develop for you a full range of personalized products and facials that will reverse the aging of your skin.

## HAUTE COUTURE PERSONALIZED SKINCARE PRODUCTS

CHF 4'500.–

A full line of Haute Couture personalized skin care products is developed specifically for you on the basis of a comprehensive analysis of your skin. Our team of scientists in Switzerland analyze the results and transmit their recommendation to our laboratory, which will create your complete range of tailor-made treatments that you will use for 2-3 months: vector cream, booster cream, masks, serum, eye cream, lip balm, cleansing milk. The most advanced know-how and biotechnology are used in their formulation. The combination of high performance ingredients such as peptides, amino acids, stem cells, hyaluronic acid, stimulate cell renewal, promote synthesis of collagen, contribute to face lifting and reduce pigmentation. You can use your products at home as well as during your facials at the B-mediC Clinic.



## HAUTE COUTURE FACIAL TREATMENT

🕒 120 min      CHF 1'270.–

This Haute Couture facial treatment will give you immediate and lasting visible results, using the most advanced anti-aging technologies: glycolic peeling, cavitation peeling, ultrasound, radiofrequency, diamond microdermabrasion, needleless mesotherapy, endermology and other technologies adapted to the needs of your skin. The anti-aging performance of the Haute Couture facial treatment lies in the reduction of the depth of wrinkles, the improvement of firmness and tone, the lifting of the oval of the face, a better radiance, a refinement of the complexion and of skin texture.

## HAUTE COUTURE SKIN ANALYSIS

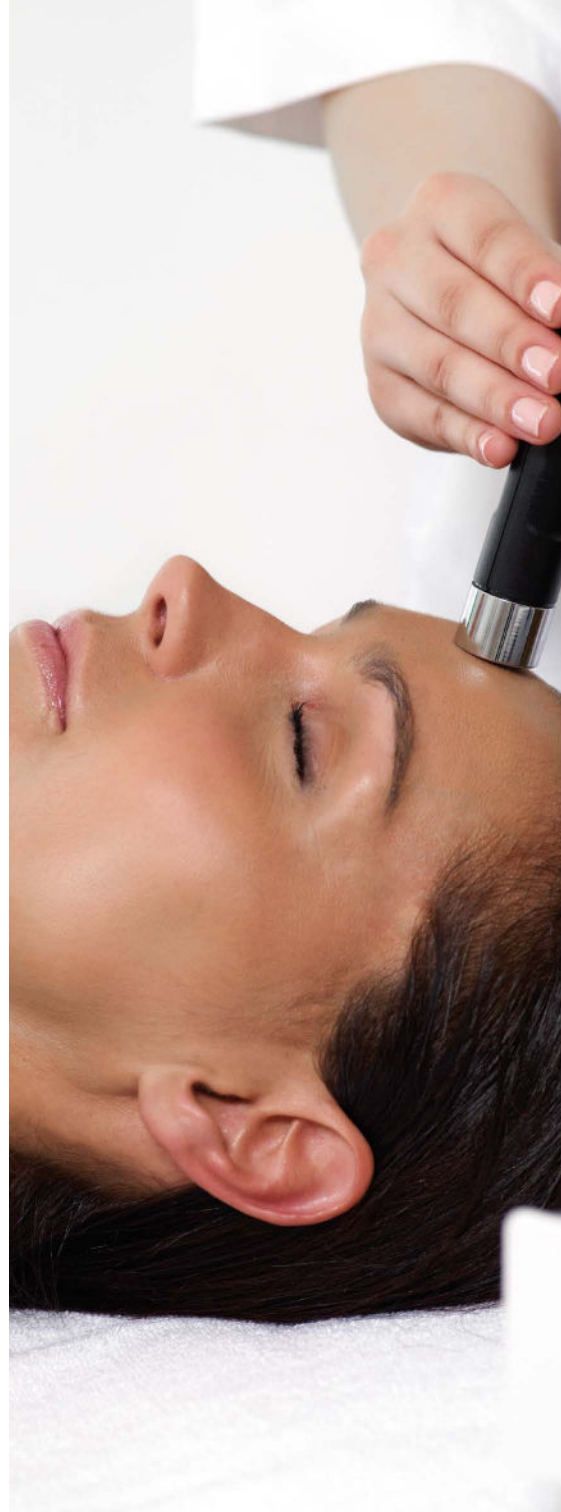
🕒 45 min      CHF 1'495.–

So that we can create your range of tailor-made products, we carry out a complete analysis of your skin by measuring the depth of wrinkles, photoaging, pores, elasticity of the skin, sebum secretion, hydration, pigmentation, and blood melanin. This analysis is necessary twice a year in order to adapt the formulas of your products to meet your skin's changing needs.

## HEAVY METALS AND TRACE ELEMENTS ANALYSIS

CHF 700.–

A sample of your hair will be sent to our Laboratory in Switzerland for a complete screening of minerals, trace elements and heavy metals. Personalized nutritional supplements will be developed based on results to help you cleanse and balance your body.



## HAUTE COUTURE SUBSCRIPTIONS

### ULTIMATE HAUTE COUTURE FOR ONE YEAR

 1 year    CHF 46'000.–

- Genetic analysis
- Epigenetic analysis
- 3 skin analyses (60 min)
- 3 analyses of deficiencies in minerals, trace elements and heavy metals (30 min)
- 12 Haute Couture facials (90 min)
- Custom cosmetics for 12 months (4 therapy boxes)

### EXCLUSIVE 6 MONTHS HAUTE COUTURE

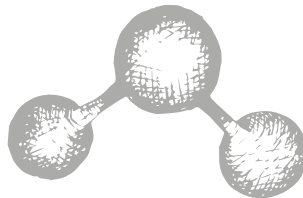
 6 months    CHF 24'000.–

- Epigenetic analysis
- 2 skin analyses (60 min)
- 2 analyses of deficiencies in minerals, trace elements and heavy metals
- 8 Haute Couture facial treatments (90 min)
- Custom cosmetics for 6 months (2 therapy boxes)

### 3 MONTHS HAUTE COUTURE DISCOVERY

 3 months    CHF 9'500.–

- 1 skin analysis (60 min)
- 1 analyses of deficiencies in minerals, trace elements and heavy metals
- 3 Haute Couture facial treatments (90 min)
- Custom cosmetics for 3 months (1 therapy box)



## THE ULTIMATE ONE YEAR HAUTE COUTURE EXPERIENCE

The annual Haute Couture program is a subscription which consists of a complete follow-up of your skin through cutting-edge blood and skin analyses which will result in a complete mapping of your skin and a global hormonal scan as well as deficiencies in vitamins, trace elements, and heavy metals, to provide real solutions to the aging of the body and the skin. This program will be followed by Hadrien Loton, Dr in Regenerative and Anti-Aging Medicine as well as Professor Humbert, Professor in Dermatology and Internal Medicine and Dr Pauline Burgener.

This follow-up includes a completely personalized line of cosmetic products, manufactured in our laboratory in Switzerland, as well as tailor-made nutritional supplements. Skin treatments will be carried out by our Haute Couture specialists following a pre-established program in the various partnering centres around the world.

Exceptional long-lasting improvements will have an impact on the body as a whole and on the skin in particular with cell renewal, an improvement in skin volume by providing a real solution to pigment spots.

This program does not include infusions and medical treatments if needed.

## EXCLUSIVE HAUTE COUTURE FOR SIX MONTHS

This complete 6-month Haute Couture program includes genuine dermatological monitoring of your skin. You will benefit from a consultation with Dr Hadrien Loton, specialist in regenerative and anti-aging medicine as well as the personalized follow-up of Professor Philippe Humbert, recognized dermatologist and Dr Pauline Burgener.

The complete diagnosis of your skin on the basis of analyzes Professor Philippe Humbert will be completed by the analysis of the deficiencies in mineral trace elements and the excess of heavy metals which will lead to the creation of a personalized cosmetic line and nutritional products developed specifically for you.

Personalized Haute Couture facials will be carried out by our specialists in all our Haute Couture spaces at our partner SPAs around the world.

## HAUTE COUTURE DISCOVERY FOR THREE MONTHS

This program is an excellent introduction to the concept of Haute Couture.

Your program will be guided by the complete analysis of your skin by measuring key parameters. A tailor-made cosmetics line will be manufactured in our laboratory in Switzerland, based on the results of the analyses, using the most efficient ingredients and cutting-edge anti-aging technologies.

Throughout the three months, you will receive three personalized Haute Couture facials, using the most advanced technologies in one of our Haute Couture centres around the world.

Our facials combine and bring together all the latest cutting-edge technologies and natural ingredients to guarantee maximum effectiveness: antioxidant and repairer with green caviar, firming with collagen or exfoliating and anti-pigment with glycolic acids and fruit acids.

The association with techniques such as ultrasound, cavitation peeling, dermabrasion as well as mesotherapy with massages based on ancestral techniques to sculpt, firm, and lift the skin while treating excess sebum, dehydration or toxins, spots and premature aging of the skin.

The follow-up of all these treatments can be supplemented by medical aesthetic procedures and plastic surgery, to meet all your needs.

*To optimize results, do not hesitate to view our programs.*

based on the skin's current needs


- Balancing the sebum of the skin with the purifying care
- Nourishing with the power of the Royal Jelly
- Lifting treatment with Collagen
- Skin barrier repair with the duo of Green Caviar Gold serum

 60 min CHF 310.–

 90 min CHF 420.–



	30 min	CHF 90.-
	60 min	CHF 180.-
	90 min	CHF 250.-

 30 min CHF 90.–

 60 min CHF 180.–

 90 min      CHF 250.–

Eye Patch		CHF 30.–
Hydra Filler Mask		CHF 80.–
Full Body Peeling	 30 min	CHF 130.–
Body Wrap	 30 min	CHF 130.–

Eye Patch	CHF 30.-
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Hydra Filler Mask	CHF 80.-
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Full Body Peeling  30 min CHF 130.–

Body Wrap	 30 min	CHF 130.–
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## PROGRAMS

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Genetic, climatic, and environmental factors have a major influence on our health and well-being. Pollution, bad eating habits, sedentary lifestyle and stress lead to the production of toxins and free radicals that impair body functions. This is the root for imbalances that can cause disease and premature aging.

However, we can reduce our biological age by acting preventively on these elements by combining the latest discoveries in preventive and anti-aging medicine with the most effective natural therapies, exercise and a balanced diet.

All our programs can integrate a medical approach (consultations, diagnosis, analyses, prescriptions and follow-up).

A balanced lunch will be served in our private lounge.



### THE DR BURGNER EXPERIENCE CHF 1'020.-

**Objective:** Help eliminate toxins and reduce stress in a short amount of time.

**Length:** 4 hours

- 1 consultation with Dr Pauline Burgener (30 min)
- 1 personalized face treatment (90 min)
- 1 personalized body treatment (60 min)
- 1 Iyashi Dome – Japanese Sauna (45 min)
- Lunch in the private lounge
- Black Pearl Face Peeling

## DETOX AND IMMUNITY PROGRAM

CHF 3980.–

This program will be designed and adapted following your consultation with Dr Pauline Burgener.

**Objective:** Eliminate toxins in the body. Reduce oxidative stress and free radicals in the cells. Improve natural detoxification and regeneration. Boost your immune system.

**Length:** 3 weeks - 6 days - 2 days / week

- Consultation and program customization with Dr Pauline Burgener (60 min)
- Analysis of minerals, trace elements and heavy metals
- Results after 10 days. Customized nutritional supplements.
- 3 Nutritional consultations with our nutritionist and establishment of a nutrition plan (60 min)
- Detox Swiss Alps salt peeling (30 min)
- Detox Swiss Alps salt body wrap (30 min)
- Antioxidant grape pearls peeling (30 min)
- 6 sessions of draining LPG (45 min)
- Depolluting green caviar facial treatment (90min)
- 6 sessions of Iyashi Dome - Japanese sauna (45 min)
- Box of Phyto-Detox supplements
- Body Peeling Perfect Perfect Skin

### Options :

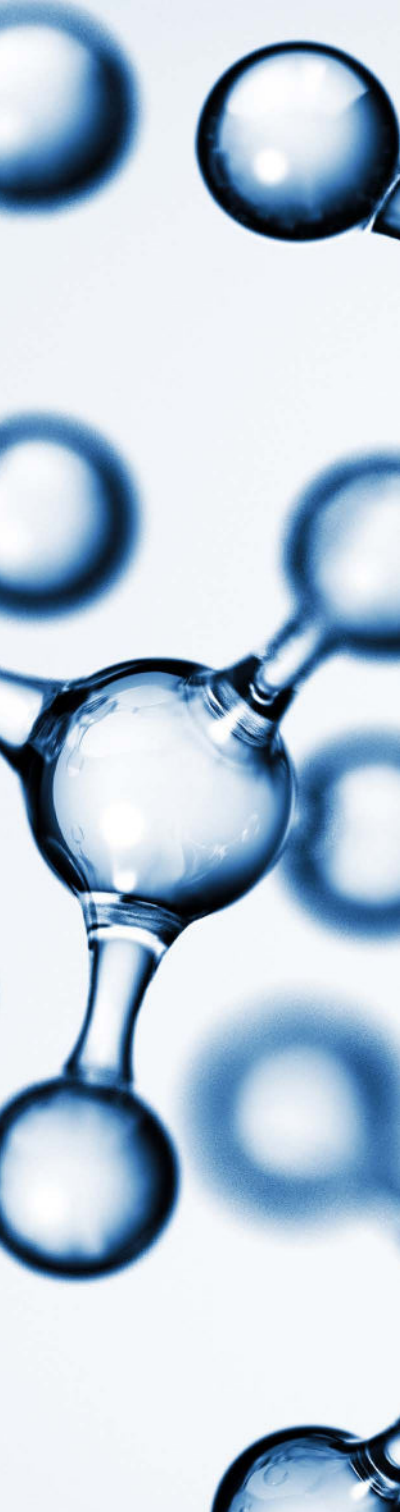
Anti-ageing and regenerative medical consultation if needed (online)

CHF 250.–

Anti-ageing and regenerative medical consultation if needed (at the clinic)

CHF 500.–





## SHAPE AND WEIGHT PROGRAM

CHF 4'390.–

This program can be adapted according to the consultation with Dr Pauline Burgener.

**Objective:** Gradual and balanced weight loss. Acquire good eating and exercising behaviors supervised by doctors, nutritionists and coaches.

### Program schedule:

- Nutritional Assessment.
- Trace elements Assessment.
- Form & Metabolism Assessment.

### Length: 3-6 weeks

- Consultation and program customization with Dr Pauline Burgener.
- Analysis of minerals, trace elements and heavy metals
- Results after 10 days. Customized nutritional supplements
- 3 Nutritional consultations with our nutritionist and establishment of a nutrition plan
- 2 nutrition follow ups
- 6 LPG lipomassages
- 2 Detox Swiss Alps salt peeling
- 3 massages and/or drainages
- 2 slimming body wraps
- 5 Iyashi Dome sessions – Japanese sauna
- 6 Personal coaching with Individual training sessions
- Box of Phyto Fit Supplements
- Cellulite Corrective Gel.

### Options :

Medical consultation and follow ups if needed (online)

CHF 250.–

Medical consultation and follow ups if needed (at the clinic)

CHF 500.–

## ANTI-AGING & REGENERATION

CHF 3'640.–

This program can be adapted according to the consultation with Dr Pauline Burgener.

**Objective:** Optimize the general state of health. Filling trace element deficiencies and reducing the amount of toxic or heavy metals in the body. Delay the signs of ageing in order to live longer and in better shape.

### Program schedule:

- Nutritional Assessment.
- Trace elements Assessment.
- Form & Metabolism Assessment.
- Medical check up

**Length:** 3-6 weeks

- Consultation and program customization with Dr Pauline Burgener (60 min)
- Analysis of minerals, trace elements and heavy metals
- Results after 10 days. Customized nutritional supplements
- Evaluation of body composition with nutritionist and establishment of a nutrition plan (60 min)
- Haute Couture skin treatment
- Personalized facial treatment (90 min)
- Personalized body treatment (60 min)
- 3 Iyashi dome sessions- Japanese sauna (45 min)
- 3 LPG sessions (45 min)
- Skin Gold supplements
- Royal Jelly Mask.

### Options :

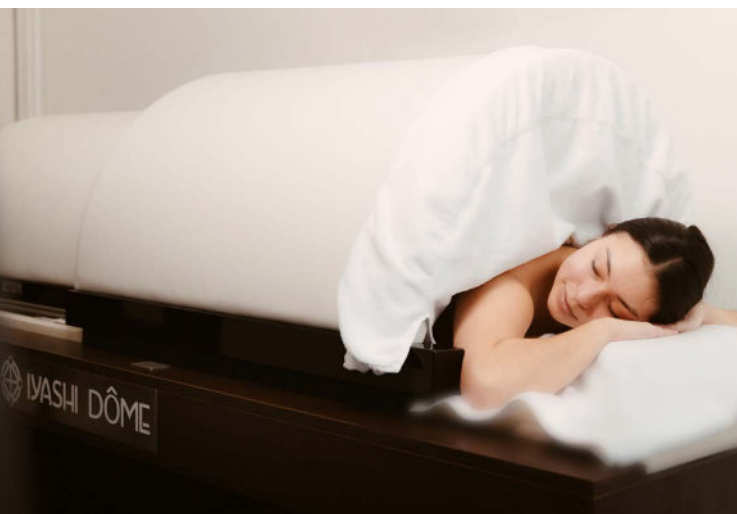
Medical consultation and follow ups if needed (online)

CHF 250.–

Medical consultation and follow ups if needed (at the clinic)

CHF 500.–





## IYASHI DÔME

Iyashi Dome infratherapy is a safe, gentle and powerful technique, using long infrared to allow the body to rise in temperature (1 to 2 ° C) and thus act on detox, slimming, sleep, skin aging, muscle preparation and recovery.

1 session (30 min)	CHF	110.–
10 sessions (including 1 free)	CHF	990.–

## LPG

Endermology by the patented LPG® technique allows real skin gymnastics at the level of the fatty tissue: this gymnastics stimulates the elimination of toxins and the vascularization of the tissues, with the consequence of a rapid reduction in the volume of fatty cells and cellulite. It is therefore a true reshaping of the silhouette without surgery.

LPG Body Treatment	⌚ 45 min	CHF	150.–
LPG Face Treatment	⌚ 30 min	CHF	160.–
LPG Body Drainage	⌚ 45 min	CHF	150.–
Suscription of 9 LPG Body Treatment sessions + 1 free		CHF	1'350.–

## IYASHI DÔME & LPG

5 Iyashi Dome sessions & 5 LPG sessions (including 1 free Iyashi Dome)	CHF	1'040.–
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# MEDICAL

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## AESTHETIC MEDICINE

Aesthetic medicine offers various solutions in the field of preventing aging, in order to preserve or improve the quality of the skin. Its purpose is to delay or replace surgery.

### STEM CELLS

Price upon request

A stem cell is a cell that has the ability to repair damaged tissue. Adult stem cells are most abundant in fatty tissue and are collected by liposuction. This natural filler will then trigger a self-regenerating process which will improve the quality of the skin in the long term and repair the signs of aging.

Your stem cells have the ability to be stored frozen in a stem cell bank for 10 to 30 years and then released for future processing.

Our certified center is one of the pioneers in this new technology which opens up important perspectives.

### BOTOX

From CHF 300.– /zone

Botulinum toxin helps reduce expression lines through its direct and relaxing action on muscle fibers. The result is visible after 1 week and should be repeated every 4-6 months. The injections correct forehead wrinkles, frown lines and crow's feet.

### HYALURONIC ACID FILLING

From CHF 750.– /seringe

Harmonization of the face by the injection of biodegradable hyaluronic acid to fill wrinkles, sculpt the face and give it a youthful expression. Its average hold is 8 to 12 months. The result is immediate.



## PEELING

From CHF 300.– / session

Treatment to erase fine lines and pigmented spots on the face and hands based on trichloroacetic acid. This treatment causes superficial desquamation which restores the beautiful radiance of the skin.

## SOFT LIFT (TENSIONING WIRES)

From CHF 3000.–

Treatment for people with a slight sagging face who do not wish to have a facelift. This technique plumps and tightens the malar region, lower face and neck by placing absorbable threads that hold the tissues.

## VAMPIRE LIFT (PRP)

Between CHF 300.– and 500.– / session depending on the size of the area to be treated. 3 to 4 sessions, 3 weeks apart

PRP, or plasma enriched with platelets, is collected after a simple blood sample. The plasma, extracted from the blood by centrifugation, will then be injected back into the face to improve skin radiance and correct dark circles. Can also be used to stimulate hair regrowth.

## LIPOSUCTION OR LIPOSCULPTURE

From CHF 3000.–

Recommended for eliminating unsightly fatty deposits located on the stomach, hips, back, inner thighs and knees as well as under the chin. Liposuction technology consists of aspiration with very fine, minimally traumatic cannulas, also allowing surface reshaping.

## FACE & BODY SURGERY

(consult the website of Dr Nicolas Chami)

The appearance of wrinkles and sagging of the subcutaneous tissues and an atrophy of the facial skeleton are reasons for a cervico-facial lifting. This is a minimally invasive technique which leads to natural results with minimal scarring and only a short social exclusion.

## RADIOFREQUENCY

From CHF 300.– / session

(depending on zone to be treated).

5 sessions, the 6<sup>th</sup> is free.

The principle is to heat the tissues in order to stimulate the formation of new collagen fibres, this will allow the skin to contract and regain new elasticity.

In the face and neck, the radiofrequency will cause a lifting effect but also improve the skin texture by making it smoother.

At the level of the body (belly, hips, arms, thighs) we can tighten the sagging skin, firm it, act on cellulite and stretch marks.

To optimize the results of facial or body surgery as well as liposuction, we recommend lymphatic drainage sessions. Before any facial surgery, we advise you to do a cleansing facial treatment 1 week before the surgery.



## REGENERATIVE MEDECINE

DR HADRIEN LOTON CHF 500.- / consultation (1 hour)

### INTRAVENOUS DETOX TREATMENT

CHF 1500.- / perfusion (2 hours)

Our recommendation: one session per week, over five weeks

### SPECIFIC TREATMENTS

- Intestinal detox (treatment administered by mouth for 3-5 days)
- Toxic metals detox (one session 2h per week, for 5 weeks)
- Anti-aging et rejuvenating
- Cellular regeneration (neuro-regeneration, osteoporosis, arthritis, infarction, fracture, scar, burn, etc.)
- Optimization of sports performance
- Treatment of dependencies and addictions (bulimia, alcoholism, smoking, drug addiction, compulsive shopping and gambling addiction, etc.)
- Weightloss
- Stimulation of the immune system
- In-depth oxygenation of cells

## DERMATOLOGY AND INTERNAL MEDICINE

PR PHILIPPE HUMBERT CHF 500.- / consultation (1 hour)



B-mediC  

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